$$\label{eq:stable} \begin{split} \Pi\Delta K003-\text{TEACHING LEARNING SKILLS IN EDUCATION}\\ \text{COURSE OUTCOME} \end{split}$$

1. GENERAL				
SCHOOL	SCHOOL OF TECHNOLOGY			
DEPARTMENT	FORESTRY, WOOD SCIENCES & DESIGN			
STUDY LEVEL	Special Pedagogical and Teaching Training Certification Study Program			
COURSE CODE	П∆К003	SEMESTER	t 7th	
COURSE TITLE	TEACHING LEARNING SKILLS IN EDUCATION			
WEEKLY TEACHING HOURS	2			
ECTS	4			
COURSE TYPE	Scientific Area (Education and Education Issues)			
PREREQUISITE COURSES				
LANGUAGE OF LECTURES and	Greek			
EXAMINATIONS:				
THE COURSE IS OFFERED TO				
ERASMUS STUDENTS				
COURSE CODE IN ECLASS	They will be created by the electronic support services of the University of Thessaly			
COURSE RESPONSIBLE	Contract ho	lder П.Δ. 407/1980		
TELEPHONE NUMBER/EMAIL				
OTHER TEACHERS				

2. LEARNING OUTCOMES

Learning Outcomes

Upon successful completion of the course students investigation techniques, learning and study strates	
	sics, and many evaluate study teeningues and
strategies.	
General and Special Skills	
The course aims to develop the following general	The course aims to develop the following
skills:	specific skills:
 Critical time management skills 	 Time management and improvement
 Determination of the object of study 	techniques
 Strategies for effective performance in exams 	 Techniques to improve note taking
	 Development of concentration and study
	skills results

3. COURSE CONTENT

PART 1: PREPARATION-INDIVIDUAL INVESTIGATION

- 1.1 Investigating motivations
- 1.2 Investigation of targets
- 1.3 Setting goals and setting priorities
- PART 2: LEARNING AND STUDY STRATEGIES
- 2.1 Time management
- 2.1.1. Time management improvement techniques
- 2.2 Object of study
- 2.2.1. Techniques to improve note taking
- 2.2.1.1 Necessary actions before the lecture
- 2.2.1.2. Necessary actions during the lecture
- 2.2.1.3. Necessary actions after the lecture
- 2.2.2 Development of concentration and study skills results

2.3 Place of study

2.4. Strategies for effective exam performance

2.4.1. Stress and exams

2.4.2. Ways to deal with exam anxiety

PART 3: SELF-ASSESSMENT OF TECHNIQUES AND STRATEGIES STUDY

4. TEACHING AND LEARNING METHODS - ASSESSMENT

PLACE OF TEACHING	In Class			
USE OF INFORMATION AND	I. Learning process support through the e-class electronic platform			
COMMUNICATION TECHNOLOGIES	II. Projection of audio-visual material			
TEACHING ORGANIZATION	Activity	Semester Workload		
	Lectures	26		
	Preparation of a	15		
	presentation on selected			
	pedagogical/educational			
	topics with analysis of			
	audio-visual material			
	Group work on a case	15		
	study			
	Independent Study	44		
	Total Course			
	(25 workload hours per	100		
	credit unit)			
STUDENTS EVALUATION	I. Written final exam (70%) which includes:			
	- Questions of development, judgment and knowledge			
	II. Public presentation of work (15%)			
	III. Written assignment (15%)			

5. RECOMMENDED BIBLIOGRAPHY

- Smyrnaiou, Z. (2019). Case Study Play4Guide Project (Best Practice). Higher Education in the World 7. Humanities and Higher Education: Synergies between Science, Technology and Humanities, pp.325-326. http://www.guninetwork.org/report/higher-education-world-7
- Valente, A., Tudisca, V., Pennacchiotti, C., Smyrnaiou, Z. Kotsari, K. Monsonís-Payá, I., Garcés, J., Branchini, B., Ricci, F. and The DESCI Consortium (2018). Actors and Practices in Living Lab for Alternating Training. In "Responsible Research and Innovation Actions in Science Education, Gender and Ethics - Cases and Experiences", Springer Briefs in Research and Innovation Governance, pp. 27-33.
- Pennacchiotti, C., Valente, A., Tudisca, V., Smyrnaiou, Z., Kotsari, K., Sabater, P., Garcés, J. and the DESCI Consortium (2018). Building key competences in Alternating Training for knowledgeable and reflexive citizens. Co-Create! – Cocreation of curricula, tools and educational scenarios for building softcompetences for personal development and employability (Multi-conference on Responsible Research and Innovation in Science, Innovation and Society m-rrisis 2018). Tartu, Estonia, 17-19 Septembre.
- Pawlowski, J., de Fries, T., Smyrnaiou, Z. (2018). An Adaptable Innovation Competence Framework The Play4Guidance Framework and its Application. Multikonferenz Wirtschaftsinformatik 2018, March 06-09, pp. 1899-1910, Lüneburg, Germany.
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- Smyrnaiou, Z., Petropoulou, E., Menon, S., Zini, V. (2017). From Game to Guidance: The Innovative Evaluation Approach of the P4G Simulation Business Game. IEEE, pp. 148-154.